



“No man, woman or child should have to go hungry while stores, restaurants and other food suppliers are tossing good food into our landfills.”

George Bagaco, Founder

www.foodforlife.ca
905-510-5724

Mission Statement

Every day we bring fresh nutritious food that might otherwise not be used from food producing organizations to hungry people in Halton to help them eat and live better.



Who We Are

Food for Life Canada is a **food recovery program** started by George Bagaco in 1995. He would stop at a bakery on his way home from work and fill his trunk with baked goods. These he distributed to needy families in his neighborhood. Food for Life Canada has grown over the years, with particular help from Rotary Clubs, which donated a vehicle, and Kerr Street Ministries which provides administrative support and garage space. Food for Life Canada was incorporated in 2003 and is a registered charitable organization. We have a full-time driver and a large van, and we operate seven days a week, picking up surplus food from grocery stores and restaurants (mainly fruit, vegetables and baked goods) making deliveries to over 40 social service agencies and 25 outreach programs in Oakville, Burlington, Milton, Hamilton and Mississauga. Food for Life Canada has established outreach programs in low-income neighborhoods. Here a volunteer coordinator receives food deliveries and ensures they are distributed to needy families on an equitable basis. Food for Life Canada distributes approximately 350,000 pounds of food a year donated by many generous suppliers. That means \$825,000 worth of good food is diverted from landfills and delivered to those who need it.

In 2008, Food for Life launched a new regional program, Refresh Foods (www.refreshfoods.ca). Refresh Foods is a food logistics and redistribution program for Halton Region. Refresh Foods collects surplus food (including fresh & frozen) from corporate food manufacturers for redistribution to local food banks and social service agencies. The food items are close to code, surplus, damaged, mislabeled items or discontinued stock.



Values & Beliefs

Compassion

Respect for the individual

Frugality

Collaboration

Resourcefulness

DID YOU KNOW...

POVERTY IN HALTON:

- **7.1%** of residents are living below the poverty line. Mothers on assistance, low-income seniors, recent immigrants.
- **8.5%** of residents reported some level of food insecurity.
- A very basic healthy diet for a family of 4 costs **\$133** per week. (Halton Region Health Department)
- **Poverty trends** are deepening because of the gap between cost of living and government support



food for life

What Can You Do?

You can contribute financially

Monetary donations mean we can serve more people.

By Mail to: Food for Life Canada
Box 52121, Oakville, ON
L6J 7N5

There Are Many Ways To Donate...

Through the United Way, designating Food for Life Canada, Oakville as the recipient of your donation.

Online at www.CanadaHelps.org click on Food for Life Canada
We also accept gifts of securities and provide an in-kind support receipt. Save the capital gains tax!
Tax receipts are given for donations over \$10.

You can Donate Food

We provide reliable pick-up service to all our generous food donors. Food donors are protected by the 1994 Ontario Donation of Food Act. To donate food or receive more information, please call our office at (905) 510-5724.

You can Volunteer

We are always looking for individuals who have a heart to help. You can help drive our van, assist our driver, collect bread, volunteer at a special event or host your own Food for Life Canada fundraising event. Call us or view our volunteer opportunities list at www.foodforlife.ca.



Our Clients



- Carpenter Hospice
- The Compass (food bank)
- Compass Point Bible Church
- Compassion Society
- Community Living Oakville
- Community Youth Programs Incorporated
- The Mississauga Food Bank (Foodpath)
- Forestview Church without Walls – Hamilton
- Good Shepherd Centre, Family Services Food Bank
- Good Shepherd Centre, Women's Services, Martha's House
- Good Shepherd Notre Dame House
- Grace House Incorporated
- Halton Lighthouse Emergency Shelter
- Halton Women's Place
- Home Suite Hope
- Hope Place Centres
- Kerr Street Ministries
- Kingsway Blessing Centre
- Lions Foundation of Canada Guide Dogs
- Mary Star of the Sea Roman Catholic Church
- Mission Services of Hamilton Incorporated
- Oak Park Moms and Tots
- Oakville Youth Development Centre
- Oakwood Public School
- Our Community Cares
- Peel Family Centre
- St. Matthews House
- Salvation Army Hamilton Kitchen
- Salvation Army Oakville Community Church
- Sexual Assault and Violence Intervention Service of Halton (SAVIS)
- Support and Housing – Halton
- Supported Training and Rehabilitation in Diverse Environments (STRIDE)
- Summit Housing and Outreach Program
- Wesleyan Urban Ministries Incorporated
- ..and many more

Sponsors



We are very grateful to the organizations that provide funding and/or provide us with in-kind supplies or services.

- AMEC Americas Ltd
- Anglican Church Women of St. Jude's Oakville
- AtlasCare
- Boston Pizza, Burlington & Oakville
- Botanically Bent
- Brenninkmeyer Foundation
- Burlington Community Foundation
- CN Employees' and Pensioners' Community Fund
- Charles Havill, CA
- Civitan Club of Oakville
- Cobs Bread
- Community Foundation of Oakville
- Community Living of Oakville
- Cucci Restaurant
- Dundee Wealth Management – Paul Foley
- Dunsmore Law
- Fidelity Investments
- Gallery Rufus
- GE Canada
- Halton Healthy Community Fund
- Hydro One Employees' and Pensioners' Charity Trust
- Insite Design
- J. Lockwood Chrysler Ltd.
- Kerr Street Ministries
- Knights of Columbus Oakville
- Kraft Canada
- Licks Homeburgers & Ice Cream
- Linda Tinline Jones Jewellery
- Longos, Burlington & Oakville
- Mara's Skin Care
- Marchese Health Care
- Oakville Tire
- Oakville Toyota
- Ontario Trillium Foundation
- Paradiso Restaurant
- Pigeon Branding + Design
- Pioneer Petroleum
- Regional Municipality of Halton
- Rotary Club of Oakville Trafalgar

- Rotary Club of Oakville West
- Rotary Club of Upper Oakville Centennial
- Sobeys, Burlington & Oakville
- Sprott Foundation
- TSX Group (Toronto Stock Exchange)
- United Way of Burlington and Greater Hamilton
- United Way of Milton
- United Way of Oakville
- Walkers Chocolates
- Walmart Burlington
- Whole Foods Market
-and many more

Food Donors



We thank our numerous food donors.

- Cobs Bread
- Costco (Burlington and Mississauga)
- Farmers Market—Oakville Place Mall
- Fortino's - New Street
- Goodness Me!
- Great Glasses Rio Can Centre
- Little Caesar's Pizza
- Lorne Skuce Public School
- Metro- Hopedale Mall
- Oakville Italian Bakery
- Organic Garage
- Precious People Child Care
- Red Lobster (Burlington)
- Starbucks, Oakville and Burlington
- Whole Foods Market
- xltek
- ...and many more



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